



# Grasmere Primary School

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Dear Parent or Carer,

As another week begins, I am writing in the hope that you and your child are managing with the current circumstances. I read this [article](#) that looks at the increased stress that parents of primary aged children are under during this lockdown as a result of schools implementing the Department for Education's clear expectation of setting children 3-5 hours of work a day. The clear message is to 'do what you can':

"Parents aren't – and don't have to be – teachers...They don't have to achieve everything a teacher would. They should do what they can to try to help their child access the learning schools have set, but they have to be realistic."

With this in mind, I have developed a checklist [heavily informed by the Education Endowment Foundation] that aims to break the home learning expectations down a bit so it doesn't feel as overwhelming as it might do. You could share this checklist with your child. You can edit the document, take out bits that are too much or add additional personal goals. Talk to them to help them plan their new routines. A simple reward at the end of the day or week might also help with motivation. You can find the document as a Word Doc or PDF [here](#).

Finally, just in case you weren't aware, the BBC have a fantastic offer for home learning that could compliment some of the work your child might be set by their teacher. You can find a range of educational TV programmes [here](#) and online lessons, animations and quizzes [here](#).

The school is here to support in anyway it can. If you need advice or support please do contact [info@grasmere.hackney.sch.uk](mailto:info@grasmere.hackney.sch.uk).

Kind regards,

Nick



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