Home Learning Introduction

We hope you are all keeping safe and well. The following activities are based around the theme of 'Food'. These may be of help to you, particularly if you are trying to manage several children's needs or have limited access to the Internet.

Page 1: activities – no IT needed
Page 2: web links- if you have internet access

The most important thing is that you are calm for your children and should only do whatever you can manage. Remember that children also learn a lot through play such as Lego and playing games and even through chores such as helping to prepare a meal. Great learning can happen when it's not adult directed.

The following help with alleviating stress:

• Connect with others – arrange a time for your children to connect with friends (and you too!)
• Exercise
• Do things you all enjoy together
• Don't focus too much on the news
• Share and talk about feelings – all feelings are okay!
**Maths**

**The cost of cans**

How many tins/can food items can you find in your cupboards? If half the tins cost £1.00 and the other half cost 50p - what would be the total cost? Choose another two coins and do the same pricing half and half.

Can you do the same with different notes: £5, £10, £20, £50?

**Use your senses**

Think about your favourite meal/think to eat. Write a description for someone who has never eaten it! What does it look like, smell like, taste like?

How does it make you feel?

Use adjectives and adverbs to help you. Can you persuade them why it is the best meal?

**Literacy**

**Reviewer and critic!**

Draw and write a food review of your favourite food for a newspaper.

**Science**

**It’s a wrap**

Look through the kitchen. How many foods can you find that are in different categories? Can you group them into different materials?

What categories will you use?

Write a brief explanation about why the packages may be different. Which one will work best and why?

Could you group the contents into solids/liquids/gases?

**Humanities**

**Where does it come from?**

Choose 4 ingredients/packages in your cupboards.

Have a look at the packaging – find out Where does the food come from?

Make your own style of map to show where it comes from and how it might have had to get to your home...

**Where in the world?**

Match traditional dishes to places around the world.

Ask parents/carers and grandparents / friends how food has changed over the years. What were their favourite foods when they were growing up?

What did they have? Could they order takeaways?

Did you know?

Find out information and make it into a true or false quiz!

What was the most important crop to the Egyptians? Why?

What was a typical breakfast for a Roman soldier?

What would Henry VIII have eaten for his dinner?

Who bought the potato to England? Where did the potato come from?

Who invented the first knife and fork?

How packaging has changed and developed?

**Creative Arts**

**Inspired by Warhol**

Choose a packet of food from your kitchen. Can you draw it with all the detail? Then try again but change the colours to be different. How many combinations can you do?

**Music: The food symphony**

Use packets/cans/bottles (empty of full)! Try to create a piece of music from the sounds they make.

Which ones are soft/loud? High or low sound?

Once you have written it down you can video it to share!

**Things to practice/do every day**

Reading, phonics/spellings, times tables, number bonds

**Be the next Coca-Cola**

Think about a food that you want to create a new and eye-catching packaging for. Remember the more exciting and colourful it will be, the more people will remember it.

What will you include on the packet and for how long?

**Menu designer**

Design a new healthy school menu – try to illustrate it and describe it briefly for children to choose from.

**Whom eats whom? Food chains**

What type of eater are you?

An herbivore, a carnivore, or an omnivore?

Make your own food chain.

Remember a food chain always starts with a producer – an organism that makes food like a green plant.

Example food chain: Grass-grassopper-frog-snake-hawk

**Food and the future**

What types of food do you think we’ll have in the future?

**Are we healthy eaters?**

Design a short survey to ask members of your friends and family (in person or over the phone!) what types of food they eat. Tally their responses. Can you turn that information into a bar chart?

You could ask about food groups e.g. protein, carbohydrates or dairy, vegetables etc.

**Wellbeing and PSHE**

What types of food do we enjoy eating as a family?

What foods are traditional to our family?

Think about the times when lots of people would eat to celebrate – make a list of ‘when’ and the types of food.

Why do you think food is important in celebrations?

Why should we eat well?

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**Maths**

- More activities using money
  - 3-5 years: [https://www.topmarks.co.uk/maths-games/3-5-years/money](https://www.topmarks.co.uk/maths-games/3-5-years/money)
  - 5-7 years: [https://www.topmarks.co.uk/maths-games/5-7-years/money](https://www.topmarks.co.uk/maths-games/5-7-years/money)
  - 7-11 years: [https://www.topmarks.co.uk/maths-games/7-11-years/money](https://www.topmarks.co.uk/maths-games/7-11-years/money)

- See what counts as our five day
  - [https://www.nhs.uk/live-well/eat-well/5-a-day-what-counts/](https://www.nhs.uk/live-well/eat-well/5-a-day-what-counts/)

- 20 Easy ways to get your five a day
  - [https://www.bhf.org.uk/heart-matters-magazine/nutrition/5-a-day/get-your-five-a-day](https://www.bhf.org.uk/heart-matters-magazine/nutrition/5-a-day/get-your-five-a-day)

- Other recipe ideas
  - [https://www.bbcgoodfood.com/recipes/easy-pancake](https://www.bbcgoodfood.com/recipes/easy-pancake)

**Literacy**

- Michael Rosen Chocolate Cake: [https://www.youtube.com/watch?v=7BxQULtdDOc](https://www.youtube.com/watch?v=7BxQULtdDOc)

- Including freeze frame of each section, guess which part of the poem I’m doing?

- Books with links to food: activities and links to the books being read aloud:
  - [http://www.loveynbooks.co.uk/food-and-eating](http://www.loveynbooks.co.uk/food-and-eating)

- Poems about food:
  - [https://www.poetry4kids.com/topic/food/](https://www.poetry4kids.com/topic/food/)

- Joseph Cohello Poetry about food:
  - [https://cpe.org.uk/poetryline/poems/little-bit-food](https://cpe.org.uk/poetryline/poems/little-bit-food)

- Oxford Owls e-book:
  - [https://www.oxfordowl.co.uk/api/interactives/26361.html](https://www.oxfordowl.co.uk/api/interactives/26361.html)

- Restaurant critics:
  - [https://www.theguardian.com/food/series/jay-rayner-on-restaurants](https://www.theguardian.com/food/series/jay-rayner-on-restaurants)

**Science**

- Exploring our senses
  - Taste: [https://www.youtube.com/watch?v=Wa_WfcuE1a0](https://www.youtube.com/watch?v=Wa_WfcuE1a0)
  - [https://www.youtube.com/watch?v=C4rdqOxZxPQ](https://www.youtube.com/watch?v=C4rdqOxZxPQ)

- Properties of materials:
  - [https://www.youtube.com/watch?v=tAEQDu7jEpG](https://www.youtube.com/watch?v=tAEQDu7jEpG)

- Food of the future:
  - [https://www.youtube.com/watch?v=5Q-FOzHoPFA](https://www.youtube.com/watch?v=5Q-FOzHoPFA)

**Humanities**

- Where in the world?
  - [www.foodmiles.com](http://www.foodmiles.com)
  - [https://www.rsb.org.uk/images/pdf/Geography_level_3_What_is_the_food_miles_of_a_big_english素敵なfood.pdf](https://www.rsb.org.uk/images/pdf/Geography_level_3_What_is_the_food_miles_of_a_big_english美味しいfood.pdf)
  - [https://www.foodmiles.com](https://www.foodmiles.com)
  - [https://www.youtube.com/watch?v=9Opt06QF9Ww](https://www.youtube.com/watch?v=9Opt06QF9Ww)

- Where in the world?
  - [https://www.topmarks.co.uk/maths-games/3-5-years/money](https://www.topmarks.co.uk/maths-games/3-5-years/money)

- Did you know?
  - [https://www.bbc.co.uk/bitesize/topics/z7fycdm/food/historical-foods.html](https://www.bbc.co.uk/bitesize/topics/z7fycdm/food/historical-foods.html)

- [https://www.bbcgoodfood.com/quiz/food-around-the-world](https://www.bbcgoodfood.com/quiz/food-around-the-world)


- Teacher - Spotlight 3:
  - [https://www.bbc.co.uk/bitesize/topics/zpvycdm/food/freeze-frame.html](https://www.bbc.co.uk/bitesize/topics/zpvycdm/food/freeze-frame.html)

**Creative Arts**

- History of packaging:

- [https://www.youtube.com/watch?v=7b4oTlYNNHs](https://www.youtube.com/watch?v=7b4oTlYNNHs)

- [https://www.youtube.com/watch?v=rb4oTlYNNHs](https://www.youtube.com/watch?v=rb4oTlYNNHs)

- Stomp the musical clips:
  - [https://www.youtube.com/watch?v=93t6bCnAyk4](https://www.youtube.com/watch?v=93t6bCnAyk4)

- Music from everyday objects:
  - [https://www.youtube.com/watch?v=r3b4oTYNWNs](https://www.youtube.com/watch?v=r3b4oTYNWNs)

**fabulous, fantastic food!**

[https://www.bbc.co.uk/bitesize/topics/zpvycdm](https://www.bbc.co.uk/bitesize/topics/zpvycdm)

**Home learning extension**

These are links to websites – please practice Internet safety with your children whilst accessing these websites.

**Wellbeing and PSHE**

[https://www.youngminds.org.uk/](https://www.youngminds.org.uk/)

**Spanish**

[https://www.youtube.com/watch?v=Jnu8ICJeTU](https://www.youtube.com/watch?v=Jnu8ICJeTU)

**Poems about food**: **Teacher - Spotlight 3**

[https://www.youtube.com/watch?v=9Opt06QF9Ww](https://www.youtube.com/watch?v=9Opt06QF9Ww)

**Poetry about food**: **Teacher - Spotlight 3**

[https://www.youtube.com/watch?v=9Opt06QF9Ww](https://www.youtube.com/watch?v=9Opt06QF9Ww)

**Cohello - Poetry about food**: **Teacher - Spotlight 3**

[https://www.youtube.com/watch?v=9Opt06QF9Ww](https://www.youtube.com/watch?v=9Opt06QF9Ww)

**Oxford Owls e-book**: **Teacher - Spotlight 3**

[https://www.youtube.com/watch?v=9Opt06QF9Ww](https://www.youtube.com/watch?v=9Opt06QF9Ww)

**Restaurant critics**: **Teacher - Spotlight 3**

[https://www.youtube.com/watch?v=9Opt06QF9Ww](https://www.youtube.com/watch?v=9Opt06QF9Ww)

**Did you know?**

[https://www.youtube.com/watch?v=9Opt06QF9Ww](https://www.youtube.com/watch?v=9Opt06QF9Ww)