

SPANISH PHRASE of the week

No me gusta el viento..... *I don't like the wind....*

Kingsmead, Gayhurst, Mandeville & Grasmere Primary Schools working in partnership

HAVE YOU REGISTERED FOR FREE SCHOOL MEALS?



If you are entitled to benefit related Free School Meals your child is also entitled to a wide range of other free services including, free and discounted trips, clubs, music lessons, holiday playschemes, holiday lunches, holiday supermarket vouchers and even sometimes free uniform and all you have to do is fill in one form!

Apply online now, in confidence:
education.hackney.gov.uk/FSM
Working for every child

Across our LEAP schools, we are encouraging all eligible families to register for Free School Meals (FSM). Although ALL children are getting a free school lunch this year again, thanks to funding from the Mayor of London, there are still many other benefits for families that come with registering for Free School Meals.

BENEFITS TO YOU OF REGISTERING FOR FSM

- Free school uniform sweatshirt for every new Free School Meal sign up for Kingsmead, Mandeville & Gayhurst (Grasmere has no school uniform)
- May include offer of 1 free After School activity club per week per child if your child qualifies for Pupil Premium Grant at school.
- For children in Year 6: a discount for cost of school journey as well as £100 secondary school uniform grant from Hackney Council
- Sometimes opportunities for special trips or activities become available for children registered for Free School Meals at school and in wider community

BENEFITS TO OUR SCHOOLS OF INCREASING THE NUMBERS REGISTERED FOR FSM

Additionally, the higher the number of children registered for Free School Meals, the more funding our schools will get from the Department for Education, which will impact the offer we can make to ALL children across the LEAP schools.

To be able to register for Free School Meals, your child must be in school and you must be receiving one of the following benefits:

- ⇒ Universal Credit
- ⇒ support under Part VI of the Immigration and Asylum Act 1999
- ⇒ Income related Employment and Support Allowance
- ⇒ Guarantee element of State Pension

If you are a family with no recourse to public funds, you may still be entitled to FSM—[click here](#) for more info.

HAVE YOU REGISTERED FOR FSM CONTINUED.....

If you are not sure whether you qualify to register for Free School Meals please speak to staff in your school's office who will help you. You can register for Free School Meals [here](#).



PTO

SCHOOL OF FOOD FREE FAMILY COOK –A-LONG SESSIONS

Sign Up Now!

Join us at Hackney School of Food for our FREE Family Cook-a-Long programme, designed to help local families build confidence in cooking healthy, delicious and affordable meals together.

Across three fun, hands-on sessions, you'll cook alongside other families, learn practical skills from our experienced food educators and enjoy sharing a freshly prepared meal together.

Each session focuses on simple, nutritious recipes using just five key ingredients, making it easy to recreate meals at home without breaking the bank. You'll also pick up useful tips on meal planning, batch cooking, reducing food waste and getting children involved in the kitchen.

What's included?

- Three free, hands-on family cooking sessions, with all ingredients and equipment provided.
- Take-home recipe boxes after each session so you can continue cooking together.
- A Family Cooking Toolkit packed with recipes, budgeting tips and advice on batch cooking and freezing meals.
- The chance to meet other local families and enjoy cooking and eating together.

Session dates

Thursday 15 October, 12 November
& 10 December 2026

3:45–5:45pm

Hackney School of Food, E5 0BT

All three sessions are free!

Who can take part?

This programme is for families on low incomes who may be experiencing, or at risk of, food insecurity. Priority will be given to families who are eligible for Free School Meals or receiving income-related benefits.

Families must be available to attend all three sessions.

Register your interest

Places are limited, so we'd love to hear from you! Complete our expression of interest form and a member of our team will be in touch to let you know whether you've been allocated a place.

Express interest [here](#).



HACKNEY SCHOOL OF FOOD **THE SKINNERS' COMPANY**

FAMILY COOK-A-LONG SERIES

For families in receipt of **FSM** or other means-tested support

15:45-17:45
THURSDAY
15TH OCT, 12TH NOV, 10TH DEC



GRASMERE NEWS



GOLDEN AWARDS

Nur: **Anais** Yr 3: **Florence**
 Rec: **Blanca** Yr 4: **Pasha**
 Yr 1: **Fiadh** Yr 5: **Whole class**
 Yr 2: **Logan** Yr 6: **Yusuf**

AUTUMN TERM 2026

1st half of term: **03.09.26 - 23.10.26**
 Half term: **26 - 30 October 2026**
 2nd half of term: **02.11.26 - 18.12.26**
INSET day - Weds 2 Sept 26

YEAR 4 VISIT BRITISH MUSEUM

Year 4 went to the British Museum last week as part of their History unit on ancient Egypt. After learning about mummification, the importance of the River Nile and all about the different gods and goddesses they believed in, we could not wait to see some real artefacts. Some of the artefacts we saw were over 4000 years old! Using our information packs, we scouted high and low for clues to everyday life in ancient Egypt and what they thought of the afterlife. Towards the end of the trip, we got to see the artefact we were most excited to see - the Rosetta Stone! This was the key to finally cracking the mystery of the ancient Egyptian writing system, which had never been decoded prior to its unearthing.

Year 4 had a great day at the museum and it was the perfect first trip of the year!



YEAR 3 EPPING FOREST TRIP

Year 3 had an exciting trip to Epping Forest, where we travelled back in time to the Stone Age, Bronze Age and Iron Age! As part of our history learning, the children took part in a hands-on workshop that brought prehistoric Britain to life. They explored how people lived, survived and worked during these fascinating periods, taking part in practical activities and discovering what everyday life might have been like thousands of years ago. We made miniature dens and also learned how to make fire! It was a fun and memorable day of learning in the great outdoors!

Gerard - "I liked making dens because it was fun collecting sticks"

Hugo - "I loved making the small houses for the little people"

Florence - "I am proud of myself for making fire for the first time"



YEAR 3 EPPING FOREST TRIP CONTNUED....



AFTER SCHOOL CLUBS

There are still places available in some of our exciting specialist clubs! Bookings will reopen on Monday 28th September at 5:30pm, so don't miss out.

We are also pleased to announce that Dance Club is now open to children in Years 1-6, giving even more pupils the opportunity to get involved, learn new skills and have fun.

Our specialist clubs are a fantastic way for children to explore their interests, develop new skills and enjoy activities beyond the classroom.

Places are limited, so we encourage families to book promptly when bookings open!

After School Club	Year Group
Monday	
Hoppers	N - 6
Boys football	5 & 6
Lego Club	Rec, 1 & 2
Tuesday	
Hoppers	N - 6
Boys football	2- 4
Dance	1 - 6
Wednesday	
Hoppers	N - 6
French	Rec, 1 & 2
Martial Arts	2 - 6
Girls football	2- 4
Thursday	
Hoppers	N - 6
Girls football	5 & 6
Friday	
Hoppers Disco	N - 6

PTO

Please remember to inform the main office of any changes to your contact details i.e: home number, mobile phone number, address, or if your child has a medical condition.



FROGS NEWS JUMBLE SALE

Warmly inviting all of the extended
Grasmere community to the next Jumble

Sale on **Saturday 10th October**.

As always, volunteer power will determine just how
vibrant and successful the
event will be.

Please see this
link for
volunteering
opportunities:

[https://
volunteersig-
nup.org/
KY44E](https://volunteersignup.org/KY44E)



JUMBLE SALE GUIDELINES

The generosity of our community is always greatly
appreciated and we rely on your donations of good
quality items that we can sell on. Donating items
you no longer need or want to our jumble sale is a
sustainable and ethical means of recycling, and the
money raised will go to support our school.

Please be thoughtful about the items that you are
donating and avoid donating "unsellable" items.

- Clothing items that are deemed "unsellable" would be anything damaged or unclean, such as items that are stained, dirty or smell either damp or of body odour.
- Toys that are deemed "unsellable" would be anything broken, not in full sets or without all the parts and pieces included.
- Bric-a-brac items that are deemed "unsellable" would be anything broken, faulty or damaged.

EARLY YEARS PARENT LUNCHES

This week, we have been delighted to welcome Nursery and Reception parents into school to join their children for a nutritious and delicious school lunch.

Our school lunches are carefully planned to provide children with a balanced meal, including a variety of fresh ingredients, vegetables, fruit and nutritious main meals. We want to help our children develop healthy eating habits from an early age and encourage them to try a wide range of foods.

Inviting parents to join us has been a wonderful opportunity for families to experience our lunchtime provision first-hand, see the variety of meals on offer and enjoy a healthy lunch together. It has been lovely to see our youngest children proudly showing their parents the lunchtime routines & enjoying their meals with their families.



KEY DATES FOR THIS TERM

- Fri 2 Oct** FROGS Year 6 cake sale
- Fri 9 Oct** World Mental Health Day - Hello Yellow - option to wear something yellow to school + FROGS Jumble Sale sort out
- Sat 10 Oct** FROGS Jumble Sale 10.30-12.30
- Mon 12 & Tues 13 Oct** Kapla Workshops
- Tues 13 Oct** Kapla Workshop reveal 3.30pm
- Tues 20 Oct** Understanding Behaviours Parent Workshop 9-10am
- Mon 26 - Fri 30 Oct** Half Term Break
- Fri 6 Nov** Yr 6 Brain Buddies Parent Workshop 9- 9:45am
- Tues 10 Nov** Managing Challenging Behaviours parent workshop 9-10am
- Fri 13 Nov** FROGS Year 5 cake sale + Children in need day—option to wear PJs
- Mon 16 Nov** Anti-Bullying Week starts—option to wear odd socks to celebrate difference
- Thurs 19 Nov** Year 6 Class Assembly at 3pm
- Tues 24 Nov** Supporting Children to Build Confidence and Resilience parent workshop 9-10am
- Thurs 26 Nov** International Evening (No hoppers or Specialist clubs)
- Fri 27 Nov** FROGS Year 4 cake sale
- Weds 2 Dec** Parent & Carer consultations
School closes early at 1.30 for children (Hoppers available - No Specialist clubs)
- Fri 4 Dec** FROGS Winter fair
- Tues 8 Dec** Nina CAMHS Worker in school drop in session for Parents 9-10am
- Mon 14 Dec** Drumming and Dance Performances 1:45pm- Years 3 & 5, 2:30pm- Years 2, 4 & 6
- Friday 18 Dec** Last day of Autumn Term
School closes early at 1.30pm for children